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Attending the Western Psychology Association research conference in Oregon was an invaluable experience to my educational and vocational aspirations. Being exposed to the conference atmosphere was very exciting for me, and I learned a lot about the current research in psychology. The conference also instilled within me newfound motivation to pursue graduate school in psychology, with the hopes of one day being able to present a topic that I am passionate about in a conference type setting. Being able to participate in a poster session also provided beneficial experience in presenting and answering questions about data.

Being surrounded by other students, professors, and researchers of psychology was a great learning experience. Fortunately, I was able to talk with fellow students and other professors about the research they are currently doing. These conversations allowed me to place attention on beginning to think about what I’d like to study in my graduate education. It was truly inspiring to be able to listen to others speak so passionately about the research they are doing. I am extremely grateful and fortunate to be able to attend this conference, and I believe the experience was an invaluable one.